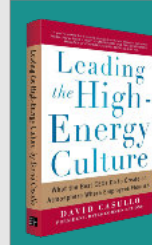
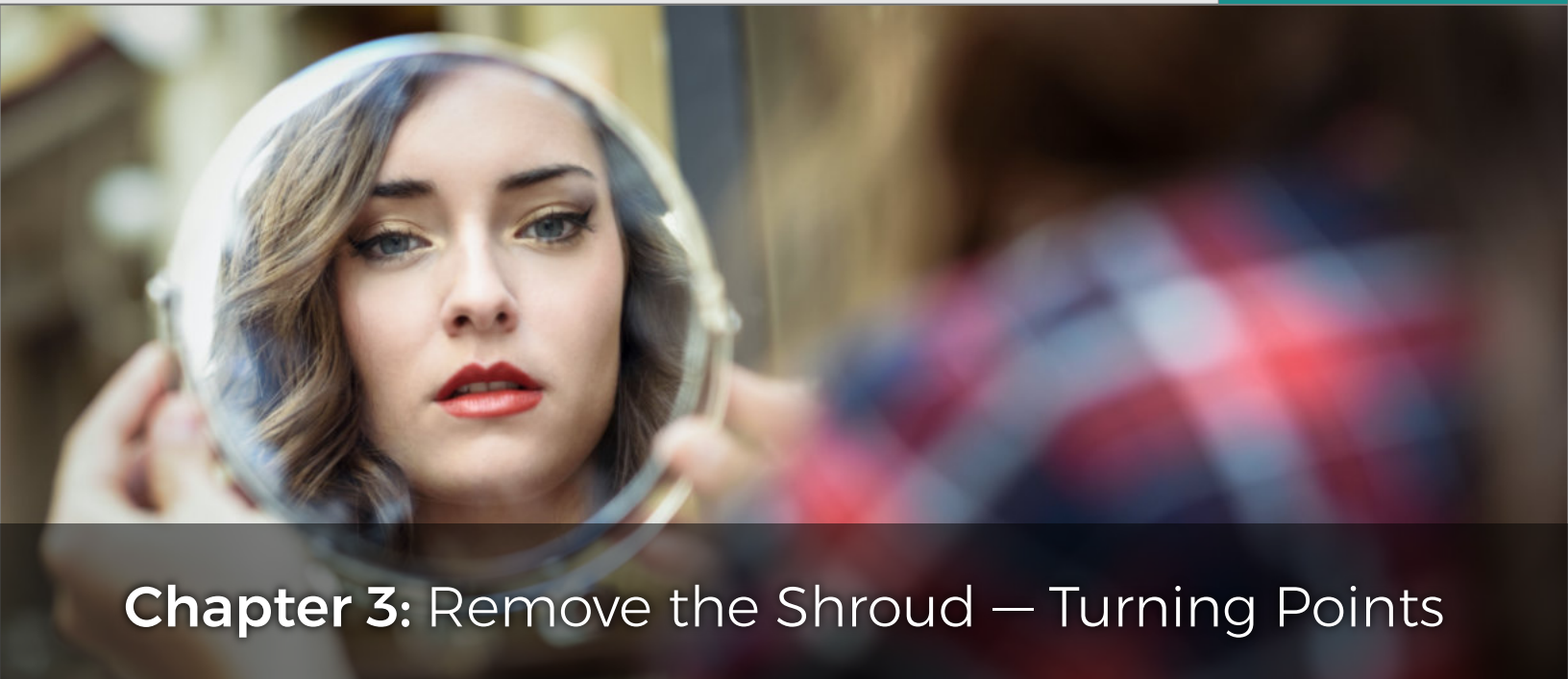


Leading the High-Energy Culture:

What the Best CEOs Do to Create an Atmosphere Where Employees Flourish



Exercise 3.2



Chapter 3: Remove the Shroud – Turning Points

Step 2- Confirmation & Reflection

Please take the time to reflect on your work so far.

In the previous chapters, you reflected on your personal core beliefs and defined your personal truths. These earlier exercises were important to clarifying the foundation of your decisions and actions. As you now look back on the decision points in these exercises, do you find that your choices were consistent with the personal beliefs you identified in Chapter 1 and the “WHO that you are” in Chapter 2? Examine each of these decision points carefully.

For each of the decision points that were CONSISTENT with your personal beliefs, were those times in which you acted with courage? For those decision points that were INCONSISTENT with your personal beliefs, were they times in which you acted in fear?

IF YES –

If you find such consistency, then you have correctly identified your personal beliefs and your personal truths.

If NO –

Then you need to retrace your steps in the exercises in Chapters 1 & 2 before you move forward. It is important that you clarify and confirm your personal truths.